Wilderness Road Senior Center

8111 Blue Lick Rd 40219 · 502/964-5151 · metro-parks.org

SPRING 2014

PROGRAMS

Senior Nutrition Program

Daily, 11:30 a.m. Ages: seniors

Fee: Donation to program

Water Aerobics

Monday & Wednesday, 9 a.m.

Ages: seniors

Fee: Admission to Mary T. Meagher Aquatic Center

Cards

Daily, during center hours Ages: seniors

FREE

Silver Sneakers

Monday & Friday, 9:15 a.m.

Ages: 60 and older

Fee: \$10/month FREE for Healthways members

Bingo

First & third Monday, 1 p.m. Ages: seniors

Fee: Players bring prizes

Pool Room

Daily, during center hours

Ages: seniors

FREE

Bunco

First Tuesday, second Monday, last Friday, 1 p.m.

Ages: seniors

Fee: Players bring prizes and

snacks

Rook Club

Wednesday, 9 a.m.

Ages: seniors

FREE

SPECIAL EVENTS

Senior Day Out

November, dates TBA

Ages: seniors

Fee: \$4/person for bus

Kentucky State Fair

August X-X, 8:30 a.m.-2:30 p.m.

Ages: seniors

Fee: \$4/person for bus,

\$1/person for admission

Pot Luck Parties

Monthly, dates and times TBA

Ages: seniors

Fee: Attendees bring covered dish



CENTER HOURS

Mon-Fri: 8 a.m.-5 p.m.

CENTER STAFF

Manager: Bobby Merideth • Supervisor: Bill Hinklin • Staff: Kelly Price, Sheri Willis

CENTER AMENITIES

Billiards Room • Fitness Area • Multi-Purpose Room • Rental Space



